Health Education

Overview

Courses in Health Education are designed to provide students the essential information for the evaluation, protection and maintenance of individual health.

Degrees and Certificates Offered

A.S. in Health Information Technology
Health Information Coding Specialist Certificate

Dean
Collin Preglasco
Department Chair
Minet Gunther
Phone
(916) 691-7261
Email
PregliC@crc.losrios.edu

Associate Degree

A.S. in Health Information Technology

The CRC Health Information Technology A.S. degree program is designed to train health information technology professionals with the knowledge and skills to process, analyze, disseminate and maintain health information. A career as a health information technology professional offers a unique opportunity to combine an interest in health information, business, and computer information science. Employment opportunities are available in long-term care, ambulatory care, and acute care facilities; state and federal health agencies; and private industry.

HIGHLIGHTS

According to the Bureau of Labor Statistics, employment of medical records and health information technicians is expected to increase by 11 percent from 2018 to 2028, faster than the average for all occupations.

*The HIT A.S. Degree Program is accredited by the Commission on Accreditation for Health Informatics and Information Management Education (CAHIIM) in cooperation with the Council on Accreditation of the American Health Information Management Association

*A Non-paid clinical experience at an affiliated health-related agency is required as part of this Program.

*This is a fully online program

To be eligible for enrollment in the program, the student must meet the following criteria:
- A grade of "C" or better in the following courses: AH 311 (formerly AH 110), AH 120, AH 124, and BIOL 100 or 102.
- Completion of the HIT Application form. See the Program website for more information.

Catalog Date: January 1, 2022

Degree Requirements

<table>
<thead>
<tr>
<th>COURSE CODE</th>
<th>COURSE TITLE</th>
<th>UNITS</th>
</tr>
</thead>
<tbody>
<tr>
<td>HIT 100</td>
<td>Introduction to Health Information Technology: Part 1</td>
<td>3</td>
</tr>
<tr>
<td>HIT 102</td>
<td>Introduction to Health Information Technology: Part 2</td>
<td>3</td>
</tr>
<tr>
<td>HIT 110</td>
<td>Medical Legal Aspects of Health Information</td>
<td>3</td>
</tr>
<tr>
<td>HIT 120</td>
<td>Basic ICD-CM Coding</td>
<td>3</td>
</tr>
<tr>
<td>HIT 122</td>
<td>Advanced ICD Coding</td>
<td>3</td>
</tr>
<tr>
<td>HIT 140</td>
<td>Computerized Health Information Systems</td>
<td>3</td>
</tr>
<tr>
<td>HIT 150</td>
<td>Continuous Quality Improvement</td>
<td>3</td>
</tr>
<tr>
<td>CISA 320</td>
<td>Introduction to Database Management</td>
<td>1</td>
</tr>
<tr>
<td>COURSE CODE</td>
<td>COURSE TITLE</td>
<td>UNITS</td>
</tr>
<tr>
<td>-------------</td>
<td>-------------------------------------------------------</td>
<td>-------</td>
</tr>
<tr>
<td>CISC 310</td>
<td>Introduction to Computer Information Science</td>
<td>3</td>
</tr>
<tr>
<td>HIT 160</td>
<td>Supervision for the Allied Health Professional</td>
<td>3</td>
</tr>
<tr>
<td>HIT 170</td>
<td>Health Information Technology Directed Practice</td>
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</tr>
<tr>
<td>CISA 321</td>
<td>Intermediate Database Management</td>
<td>1</td>
</tr>
<tr>
<td>STAT 300</td>
<td>Introduction to Probability and Statistics</td>
<td>4</td>
</tr>
<tr>
<td>HIT 176</td>
<td>Health Information Technology Review</td>
<td>2</td>
</tr>
<tr>
<td></td>
<td><strong>Total Units:</strong></td>
<td><strong>37</strong></td>
</tr>
</tbody>
</table>

The Health Information Technology Associate in Science (A.S.) degree may be obtained by completion of the required program, plus general education requirements, plus sufficient electives to meet a 60-unit total. See CRC graduation requirements.

### Enrollment Eligibility

To be eligible for enrollment in the program, the student must meet the following criteria:

- Completion of AH 311 (formerly AH 110), AH 120, AH 124, and Biology 100 or 102 with grades of C or better.
- Completion of the HIT Application form. The form is available online on the Health Information Technology website. The application form will be available online from January 27 through June 15. Instructions for how to complete the application are included in the form.

### Enrollment Process

Eligible students are selected for the program according to the following steps:

- Only students who meet the pre-enrollment requirements will be considered for the program. Applications must be received by June 15.
- Students will be randomly selected for admission into the program if the number of successful applicants exceeds the seats available.

### Student Learning Outcomes

Upon completion of this program, the student will be able to:

- PSLO #1: Competence in HIM data structure, contents, and information governance standards.
- PSLO #2: Competency in the application of information protection: access, use, disclosure, privacy, & security.
- PSLO #3: Competency in the application of informatics, analytics, and data use.
- PSLO #4: Competency in the management of revenue cycle.
- PSLO #5: Comprehend organizational management & leadership in relation to HIM.

### Career Information

Employment Opportunities are possible in the Following Settings:
- Ambulatory Care
- Long-Term Care/Rehabilitation
- State and Federal Health Agencies
- Professional Review Organizations
- Insurance Companies
- Educational Settings
- Consulting Firms
- Mental Health/Chemical Dependency
- Acute Care

Some career options may require experience in addition to two years of college study.

### Certificate of Achievement

#### Health Information Coding Specialist Certificate

The Health Information Coding Specialist Certificate prepares the student to apply medical coding classifications to health care encounters using industry standards through both theory and practical (externship) applications for the purpose of: meeting health care industry needs; preparing students for appropriate certification exams; and providing career ladder opportunities for health care workers.

A career as a health information coding specialist offers a unique opportunity to combine an interest in health information, business, and computer information science. Employment opportunities are available in long-term care, ambulatory care, and acute care facilities; state and federal health agencies; and private industry.

The Certificate of Achievement Health Information Coding Specialist Program is not accredited by the Commission on Accreditation for Health Informatics and Information Education (CAHIIM).

**HIGHLIGHTS**

Employment of medical records and health information technicians is expected to increase by 21 percent from 2010 to 2020, faster than the average for all occupations.

This is an online program.

**Enrollment Eligibility:**

To be eligible for enrollment in the Health Information Coding Specialist Program, the student must meet the following criteria:

- A grade of "C" or better in the following courses: AH 311 (formerly AH 110), AH 120, AH 124, and BIOL 100 or 102.

Completion of a pre-enrollment form. The form is available online on the Health Information Technology website.

**Catalog Date:** January 1, 2022

### Certificate Requirements
Enrollment Eligibility

To be eligible for enrollment in the program, the student must meet the following criteria:

- Completion of AH 311 (formerly AH 110), AH 120, AH 124, and Biology 100 or 102 with grades of C or better.
- Completion of the HIT Application form. The form is available online on the Health Information Technology website. The application form will be available online from January 27 through June 15. Instructions for how to complete the application are included in the form.

Enrollment Process

Eligible students are selected for the program according to the following steps:

- Only students who meet the enrollment eligibility criteria will be considered for the program.
- Students will be randomly selected if there are more successful candidates than there are seats available.

Student Learning Outcomes

Upon completion of this program, the student will be able to:

- PSLO #1: Competence in HIM data structure, contents, and information governance standards.
- PSLO #2: Competency in the application of information protection: access, use, disclosure, privacy, & security.
- PSLO #3: Competency in the application of informatics, analytics, and data use.
- PSLO #4: Competency in the management of Revenue Cycle.
- PSLO #5: Comprehend organizational management & leadership in relation to HIM.

Career Information

Employment Opportunities Are Possible in the Following Settings Ambulatory Care Long-Term Care/Rehabilitation State and Federal Health Agencies Professional Review Organizations Insurance Companies Consulting Firms Mental Health/Chemical Dependency Acute Care Some career options may require experience in addition to at least one year of college study.

Health Education (HEED) Courses

HEED 300 Health Science

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Units</th>
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Total Units: 27

The aim of this course is to help people achieve a high level of wellness and prevent disease by assisting them to maximize both their personal lifestyles and their environments. This course will help you to identify the various factors influencing your current and future levels of wellness. Information presented will include, but not be exclusive to: mental health, stress management, nutrition, weight control, fitness, sexuality, addictive substances, and disease.

HEED 350 Personal Wellness

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Units</th>
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</thead>
<tbody>
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<td>KINES 301</td>
<td>Same As</td>
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</tr>
<tr>
<td>KINES 301</td>
<td>Units</td>
<td>3</td>
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<tr>
<td>KINES 301</td>
<td>Hours</td>
<td>54 hours LEC</td>
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<tr>
<td>KINES 301</td>
<td>Prerequisite</td>
<td>None.</td>
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<tr>
<td>KINES 301</td>
<td>Transferable</td>
<td>CSU</td>
</tr>
<tr>
<td>KINES 301</td>
<td>General Education</td>
<td>AA/AS Area III(b); CSU Area E1</td>
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<tr>
<td>KINES 301</td>
<td>Catalog Date</td>
<td>January 1, 2022</td>
</tr>
</tbody>
</table>

The aim of this course is to help people achieve a high level of wellness and prevent disease by assisting them to maximize both their personal lifestyles and their environments. This course will help you to identify the various factors influencing your current and future levels of wellness. Information presented will include, but not be exclusive to: mental health, stress management, nutrition, weight control, fitness, sexuality, addictive substances, and disease.
This course takes a personal approach to lifetime healthy habits. The students will relate their own lives to topics that include: fitness, weight management, nutrition, stress management, risky behaviors and prevention of diseases. Evaluation, plans for change and reinforcement will be applied through the use of journals, projects, written assignments, physical assessments and exams. This course is the same as KINES 301, and only one may be taken for credit.

HEED 495 Independent Studies in Health Education

Units: 1 - 3
Hours: 54 - 162 hours LAB
Prerequisite: None.
Transferable: CSU
Catalog Date: January 1, 2022

An independent studies project involves an individual student or small group of students in study, research, or activities beyond the scope of regularly offered courses. See the current catalog section of "Special Studies" for full details of Independent Studies.

HEED 499 Experimental Offering in Health Education

Units: 0.5 - 4
Prerequisite: None.
Transferable: CSU
Catalog Date: January 1, 2022

This is the experimental courses description.