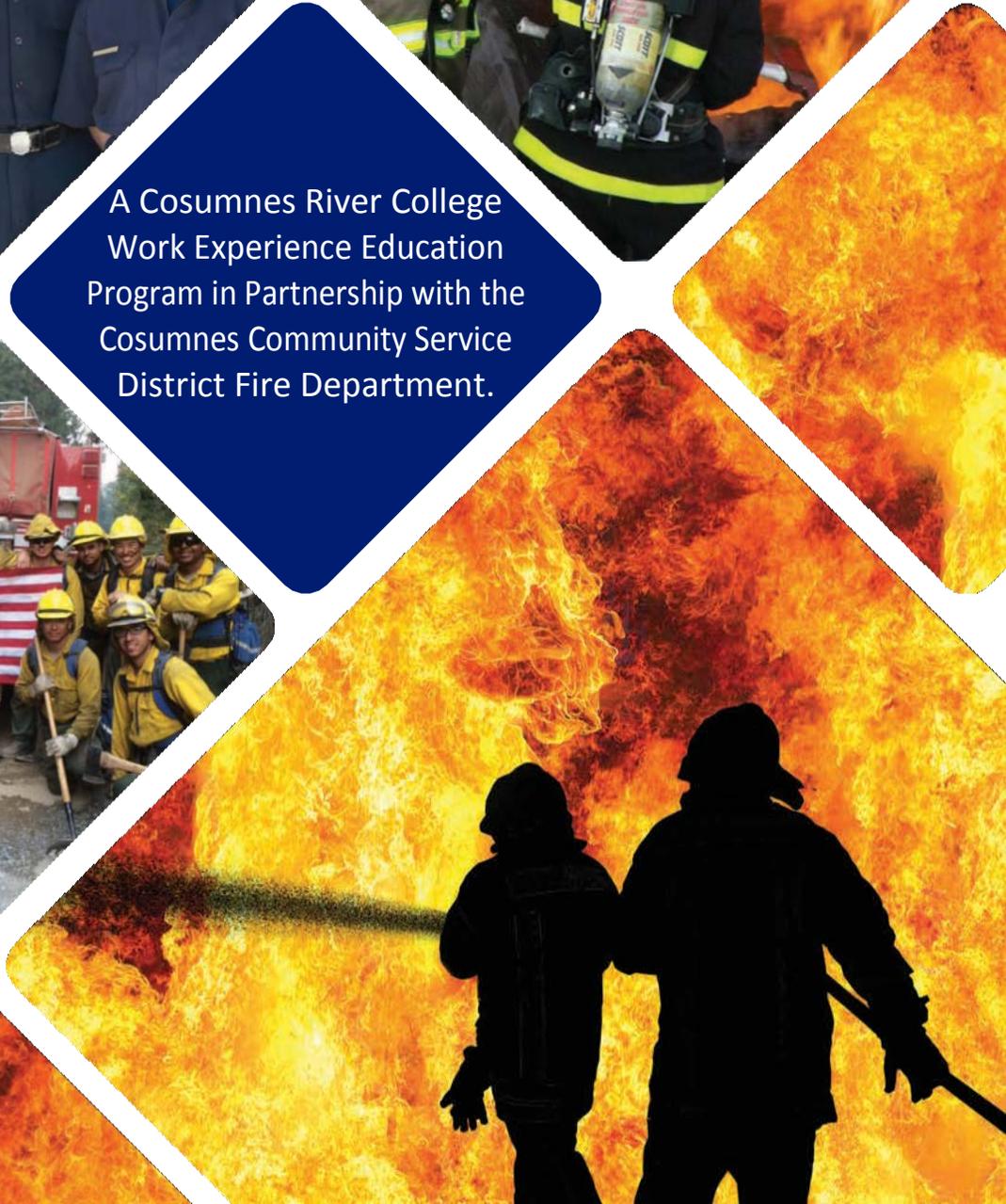


COSUMNES RIVER COLLEGE  
**FIREFIGHTER**  
**INTERNSHIP PROGRAM**



A Cosumnes River College  
Work Experience Education  
Program in Partnership with the  
Cosumnes Community Service  
District Fire Department.





**COSUMNES**  
RIVER COLLEGE



## **Firefighter Internship Program**



A Cosumnes River College Cooperative Work Experience Education  
Program Celebrating over **35** years in partnership with  
Cosumnes Community Services District Fire Department

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Dear Firefighter Internship Candidate,

Thank you for your interest in the Cosumnes River College (CRC) Cooperative Work Experience Education (Co-op) and Cosumnes Community Services District (CSD) Fire Department Internship Program. This booklet provides you with important program information.

The Firefighter Internship Program is a collaborative effort between Cosumnes River College's Co-op Work Experience Education Program and the Cosumnes Community Services District Fire Department. CRC and Cosumnes CSD Fire Department have been partners since 1987.

The program is a 2-year commitment and is designed for fire technology students who desire a real-world experience to apply knowledge and skills learned in the classroom. It also includes participation in a required weekly Fire Technology Work Experience class (FT498). This course provides students with an opportunity to learn more about their chosen career, develop confidence, and obtain valuable professional development information.

Cosumnes CSD Fire Department and CRC take pride in this program and have set high standards that students must meet to be a part of this great team. As a result, our student interns have excelled and have successfully achieved their career goals.

**\*NOTE**

The Fire Fighter 1 (2019) Certification is based on NFPA 1001 (2019 edition) and is available to applicants who have completed all certification requirements, including the Fire Fighter 1 (2019) Certification Exams. This Fire Fighter 1 (2019) Certification is administratively issued typically within four (4) weeks of academy completion (no application required) and includes IFSAC and Pro Board Certification.

The Fire Fighter 2 (2019) is based on NFPA 1001 (2019 edition) and is nationally accredited by IFSAC and Pro Board. Fire Fighter 2 (2019) requires applicants to complete the Certification Exam and a certification task book.

Currently, the CRC and Cosumnes CSD Fire Department Internship Program has a 56.3 % job placement. This is far above most accredited academies in the state. Agencies that accept FF-I certification include Cosumnes Fire Department, Sacramento City Fire Department, Hayward Fire Department, Santa Clara County Fire Department, Vallejo Fire Department, Cal Fire, Sac Metro Fire Department (single role EMT-Paramedic position), and Los Angeles City Fire Department.

It is important to realize that fire departments may be different in what they require of their firefighters. Some require an FF-I Certificate, while others require successful completion of an accredited academy, and some may even require both. Do your research and make sure your education will align with the agency you desire to work with.

The Firefighter Internship Program is designed to provide the successful student with the State certifications necessary to obtain full-time employment in the fire service. Certifications include Firefighter I, HAZMAT FRO, Confined Space Awareness, Vehicle Extrication, ICS200, and Basic Wild Land Fire Fighting S-190 and S-130.

As you read through this booklet, consider all aspects of the internship seriously and how they would fit into your current lifestyle and commitments. Give serious consideration to the time, dedication, and cost required to be successful in this program. Most importantly, ask yourself why you are selecting this field. It is without a doubt that this program is demanding physically and mentally. We encourage you to read the enclosed information carefully to see if this is right for you.

You can obtain more information regarding the CRC/Cosumnes CSD Fire Department Internship Program by calling the CRC Cooperative Work Experience Education & Internship office at (916) 691-7372, located in the College Center, Room 252.

Thank you for your interest in our program!

Cooperative Work Experience Education  
Cosumnes River College



Cosumnes Community Service District  
Fire Department



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## **Benefits of the Firefighter Internship Program**

### **Reasons to Attain the CRC/Cosumnes CSD Firefighter Internship and Why the Required Fire Technology FT 498 Work Experience Class Will Benefit You**

#### **You will have the opportunity to:**

- Earn your State of California FF-I and FF-II Certificates
- Check out and decide if this is a career that aligns with your interests, values, skills, and personality. Most importantly, determine if this career is a good fit for you and make you happy.
- Gain hands-on experience in the field.
- Be mentored by experienced professionals.
- Develop new technical and soft skills.
- Improve your job-related skills in oral and written communications.
- Work in a profession that supports and gives back to the community.
- Earn transferable units of academic credit in your major.
- Acquire team-building skills.
- Discover practical ways to market yourself for future employment opportunities.
- Establish successful work habits.
- Develop effective listening and communication skills.
- Better understand and honor diversity in the workplace.
- Realize the benefits of maintaining a balanced lifestyle.
- Learn to utilize practical time management tools.
- Explore career opportunities.

### **The Job of Firefighting**

Every year, fires and other emergencies take thousands of lives and destroy property worth billions of dollars. Firefighters help protect the public against these dangers by rapidly responding to a variety of emergencies. They are the first emergency personnel at the scene of an accident or medical emergency. They may be called upon to put out a fire, treat injuries and illnesses, or perform other vital life-saving functions.

Firefighters spend much of their time at fire stations, which usually have features common to a residential facility similar to a family that works together. When an alarm sounds, firefighters respond rapidly regardless of the weather or time of day. Because fighting fire is dangerous and complex, it requires organization and teamwork. At every emergency scene, firefighters perform specific duties assigned by a fire officer. At the site of the fires, they connect hose lines to the hydrants, operate hoses, use power tools, and position ladders for fire ground operations. Firefighters may also rescue people in danger, ventilate smoke-filled areas, and provide emergency medical services to the sick and injured. Most firefighter response calls involve medical emergencies. About half of all fire departments provide ambulance service for casualties. Most departments require firefighters to be certified as Emergency Medical Technicians (EMT) as a minimum.

A significant number of fire departments desire their employees to be licensed paramedics. Firefighters clean and maintain equipment between alarms, participate in training and drills, conduct fire inspections, and participate in physical fitness activities. They also prepare written reports on fire incidents and review fire science literature to keep abreast of technological development and changing administrative practices and policies.

Firefighters must demonstrate personal qualities such as mental alertness, self-discipline, courage, mechanical aptitude, endurance, physical strength, and a strong desire to perform public service. Initiative and sound judgments are also crucial because firefighters must make quick decisions in times of emergency. Members of a crew live and work closely together under conditions of stress and danger for extended periods; therefore, they must be dependable and able to get along well with others.

Firefighters are also community advocates. They assist citizens from all walks of life. Firefighters must be caring and sensitive to people who are caught in very vulnerable life situations. Therefore, firefighters must have "soft skills" as well as technical skills. Their ability to listen and communicate with individuals and co-workers, follow directions, and respect team members, are required characteristics of a quality firefighter.

### **The Cosumnes Community Services District Fire Department**

Settler James Hall built a stage stop and hotel in the area known as Elk Grove in 1850. Other settlers also came to the area in search of prosperity, promoting commercial development along Main Street. In 1893, the Elk Grove Fire Department and Elk Grove Water Works were founded simultaneously after a series of disastrous fires threatened to ruin the town. The department began with a small group of volunteers and a single hose cart over 100 years ago and since then has continued to grow along with the community of Elk Grove.

In 1985, the department changed its name from the Elk Grove Fire Department to the Elk Grove Community Services District Fire Department. The merging of the Fire Department with the Elk Grove Recreation and Parks District brought about the change in names. A subsequent merger with the Galt Fire Protection District in 2006 resulted in another name change to the Cosumnes Community Services District.

The Cosumnes CSD district encompasses approximately 157 square miles, bounded on the north by Calvine Road and the Sacramento City Limits, on the east by the Cosumnes River, south by the San Joaquin County Line, and west by the Union Pacific Railroad/Mokelumne River. The District serves the residents of the City of Elk Grove and the City of Galt and the other unincorporated territories of south Sacramento County. The department operates nine fire stations. The Cosumnes CSD Fire Department proudly serves the community by responding to fires and non-fire related emergencies. The department also provides fire prevention inspections, plan review, public education, fire investigation, and advanced life support and transportation for medical emergencies in the community.

## **Minimum Qualifications for Acceptance into the CRC/CSD Firefighter Internship**

1. Complete Fire Technology (FT) 300 Fire Protection Organization (3 units), with a "C" or better. This class provides an introduction to fire protection, career opportunities in fire protection and related fields, philosophy and history, and more.
2. Complete the FEMA independent study courses: IS – 100, IS – 200, IS – 700, IS – 800 before the academy's start. These courses may be found online through FEMA's ICS Resource Center. These courses are free of charge and are self-paced online courses.  
([www.training.fema.gov/emiweb/is/icsresource/trainingmaterials/](http://www.training.fema.gov/emiweb/is/icsresource/trainingmaterials/))
3. Possess a current California State EMT Certification or a California State Paramedic License. Paramedics must be Sacramento County ALS accredited.
4. Possess a current CPR for the Healthcare Provider Card (or the equivalent) from the American Heart Association and maintain it during the entire CRC/CSD Firefighter Internship Program.
5. Possess a GED or a High School Diploma.
6. Have a valid California driver's license.
7. Be 18 years of age or older.
8. Have an overall college GPA of 2.5 or better.
9. Possess the strength and stamina to pass a Physical Abilities test and Health Examination by a medical practitioner, including a respiratory test.
10. Consent to and pass a qualifying Department of Justice (DOJ) and Federal Bureau of Investigation (FBI) background check.
11. Consent to and pass a comprehensive drug screening.
12. Be able to validate prior work or leisure teamwork experience.
13. Be able to purchase selected firefighter protective gear and clothing.
14. Register for the FT 498 Work Experience class and pay the appropriate unit fee for every semester you participate in the internship. Enrollment in FT 498 is required.
15. Participate in an interviewing workshop sponsored by the Work Experience & Internship Program staff before your scheduled interview for this internship.

**Note:** All Minimum qualifications **MUST** be completed before the start of the fall semester.

## **Alternative Tract for Acceptance into the CRC/Cosumnes CSD Firefighter Internship**

1. Be a state-certified or National Registry EMT or EMT/P.
2. Recently completed a California or IFSAC/PRO Board accredited academy.
3. Complete all the administrative steps listed above.
4. Participation through this tract will be determined on a case-by-case basis by the Fire Technology Coordinator and the Deputy Chief of Cosumnes Fire.

**Note:** Once accepted to the program, you will receive a course enrollment permission number for FT 210 (Firefighter Academy for the Internship Program – Structure Module), enroll in FT 210, and pay the appropriate 9.5 unit fee and any additional costs associated with this course. Enrollment in FT 210 is required. Once you have completed FT 210 during the fall semester, you will be invited to enroll in FT 211 (Firefighter Academy for the Internship Program – HazMat, Wildland, Confined Space Modules) the spring semester, which is the second component of the academy. Enrollment in FT 211 is also required.

## **Application Process**

1. Visit the Work Experience Education & Internship Program Office in the College Center, Room 252.
2. The staff will assist with the firefighter internship process.
3. Submit a resume, cover letter, copy of unofficial college transcript(s), fall class schedule, firefighter internship application form, and proof of paid registration for the FT 498 class.
4. Register on the Handshake site at [www.losrios.joinhandshake.com](http://www.losrios.joinhandshake.com)

### **Check for application dates and deadlines.**

**Acceptance into the program:** All applicants who meet the minimum qualifications will be scheduled for a face-to-face interview with representatives from CRC and the Cosumnes CSD Fire Department. Selection for entrance into the internship program will be based on the applicant's qualifications and the interview process. **Important:** If you are not selected for the internship, you will need to drop the FT 498 class by the fee refund deadline, or you will forfeit your money.

## **The Interview**

The interview is an opportunity to "sell yourself." The interview is designed to measure your interpersonal skills, solve problems, and assess how motivated you are to obtain a career in the fire service.

You will need to prepare for the interview in the same manner you would prepare for a written or physical agility test. Research the Cosumnes CSD Fire Department/CRC Firefighter Internship Program. Anticipate the questions that will be asked and practice your response. Usually, at the end of the interview, you will be asked if there is anything you would like to add; this will be your chance to sum up your skills, abilities, and why you would be the right person for the Firefighter Internship.

To help you prepare for the interview, we recommend attending an interviewing workshop sponsored by the CRC Work Experience Education & Internship Program staff.

As stated above, once you have been officially accepted into the program, you will receive a unique permission number to enroll in FT 210. You will need to show proof of enrollment and payment before the first day of class. Permission numbers will be given from the CRC instructor of FT 210. A permission number is required to enroll.

## **What You Will Be Doing As a Firefighter Intern**

The internship program requires a necessary commitment of 2 years and will consist of four academic semesters and one summer session.

**Returning to the program is not automatic.** For you to continue through each of the four semesters and summer session, you will need to be invited back each semester by the supervisors at Cosumnes CSD Fire Department and CRC firefighter internship faculty. This decision is based on meeting academic and behavioral standards set by CRC and Cosumnes CSD Fire Department.

You will need to complete a FT 498 Work Experience class and earn a grade of "C" or better, and maintain an overall GPA of 2.5 throughout the entire Firefighter Internship Program. For each semester that you are an intern, you are required to register for FT 498.

### **Orientation**

Your orientation at the Cosumnes CSD Fire Department training center will occur before the start of the semester. An email will be sent to you (to the email address you provided on the application). Make sure you check your email for the exact date and time. The first session will start with a joint orientation for all firefighter interns given by Cosumnes CSD Fire Department and CRC staff. All Interns must be in uniform, and make sure to bring a tablet and something to write with.

**IMPORTANT** You must attend and actively participate in your weekly FT 498 Work Experience class beginning the first week of school. Attendance is mandatory. If you do not attend and if your absences exceed 6% of the total class hours, you will be DROPPED from the class. If dropped from the Work Experience class, your internship site/supervisor will be notified that you are no longer enrolled in a Work Experience class and therefore are no longer covered by the Los Rios Community College Unpaid Internship Agreement.

### **First Semester-Student Participation in the Fire Technology 210 Class**

During your first semester in the intern academy, FT 210 will provide you with basic firefighter training by the Cosumnes CSD Fire Department's Training Divisions. You will acquire the knowledge and skills needed to safely perform basic tasks during emergency operations and prepare for the second-semester course (FT211). You will be provided with technical and procedural information in the areas of personal protective equipment, ropes and knots, forcible entry tools, ladders, hoses, and property conservation. You will also apply your skills and knowledge through written and practical demonstrations.

Fire Technology 210 is a Pass/No Pass class; an 80% or greater course grade is required to continue in the internship program. This course is not transferable to a CSU.

**PLEASE NOTE:** Students will be required to pay for the cost of personal protective equipment (PPE), uniforms, and additional certification fees.

The course is offered at the Cosumnes Fire Department Training Center during the fall semester on Friday evenings from 6 pm to 10 pm and on Saturdays from 7 am to 5:00 pm. There may be additional days and evenings required, and your Training Officer will inform you of your actual schedule during the orientation. Attendance is mandatory. Each Friday and Saturday, you attend classroom training and apply your knowledge and skills through hands-on training and drills. How well you learned the material would be assessed through tests and homework assignments. You will also earn points that will count toward your grade and seniority in the class.

### **Second Semester-Student Participation in the Fire Technology 211 Class**

During your second semester in the intern academy, FT 211 will provide you with advanced firefighter training by the Cosumnes CSD Fire Department's Training Divisions. You will acquire the knowledge and skill needed to perform tasks required during emergency operations safely. You will be provided with technical and procedural information in the areas of hazardous materials awareness, wildland incident operations, and technical rescue situations.

Fire Technology 211 is a Pass/No Pass class; an 80% or greater course grade is required in order to continue in the internship program. This course is not transferable to a CSU.

### **Participation in the Work Experience Education & Internship Program**

Because Co-op Work Experience Education & Internship is an academic program, firefighter interns, will be required to enroll in and attend a FT 498 Work Experience Class each semester. **In the first semester, you should sign up for one unit of FT 498.**

The content and your final grade for the FT 498 class will be based on:

1. What things you have learned at your internship site. You will document what you intend to learn on your "Specific Learning Objectives" form (provided in class), and you will be graded based on the completion of your Specific Learning Objectives. You will also document the total number of hours you worked on your internship form (provided in class). This documentation is a State of CA Title V community college requirement that enables you to obtain a grade and college credit for this course.
2. What you learn in the classroom. The weekly class is designed to assist you with your career development, clarify your career goals, and help you make a smooth transition from being a student to a professional in the workforce. Marketing strategies are taught to assist you in securing a job and assist you with your overall professional skill development.

### **Second semester – Field Internship Opportunity at the Fire Station**

Participation in the second semester is dependent upon your successful completion of all required coursework with the FT 498 class and internship experience at the Cosumnes Fire Department (FT 210 class) AND a formal invitation from both agencies to return.

After completing all requirements, starting with the second semester, you may be invited by the Cosumnes CSD Fire Department to intern at one of the Cosumnes CSD Fire Department stations. **NOTE** The opportunity to obtain and continue a field internship at one of the Cosumnes CSD Fire Department stations is by invitation only.

During the second semester, you will have the opportunity to work one 24-hour shift per week with the CSD Fire Department; you will experience what it is like to be a firefighter in a fire station! You will work, train, and live with the Cosumnes CSD Fire Department personnel. Provided you are interested and are invited by both agencies to return, you may also sign up for the summer session and the two semesters of the following year.

## Uniform Requirements

All CRC Firefighter Interns are responsible for obtaining and maintaining the required personal and protective gear and equipment for their assignments. All uniform items shall be maintained in a presentable and functional condition. Faded, worn, or damaged articles of clothing or gear must be repaired or replaced.

As an intern, you will be required to wear a Class "B" (daily) uniform while on duty. Class "B" uniform shirts are worn during business hours unless otherwise instructed. The shirt is worn over a navy blue, 100% cotton; department regulated T-shirt. When directed by a supervisor, interns may wear the department regulated T-shirt without the uniform shirt for activities such as emergency response, training, and maintenance.

CRC will continue to provide capital investment in the Fire Technology Program. The cost to use Personal Protective Equipment (PPE) will be less than the estimated cost to purchase all of your gear; this cost can be as much as \$3000. However, each student will be responsible for purchasing his/her helmet, goggles, hood, gloves, and boots.

Each student will also be responsible for a PPE *usage fee* that covers the cost of using the CRC turnout coat and pants for the internship duration. Students will keep the gear they purchased, and the turn out coat and pants will be turned in at the end of the internship.

The following are the requirements: \*

Items	Estimated Cost	Paid by Student to
Boot, Helmet & Goggles, Hood, Gloves, Turnout Gear Bag, Coat, and Pants usage fee (non-refundable if student drops)	\$ 1815.30	Private Vendor
Uniforms: Shirt, Pant, Boots, Belt, Fanny Pack, Safety Glasses	\$300.00	Private Vendor
Physical Training (PT): T-Shirts, Shorts, Sweat Shirt, Hat	\$100.00	Private Vendor
Textbook	\$125.00	CRC Bookstore or Private Vendor
Firefighter Capstone Testing	\$250.00	State Fire Marshall
Special Certificates (Optional)	TBD	State Fire Marshal
<b>Total Estimated Costs</b>	<b>\$2590.30</b>	

**\*Costs are estimated and may vary**

## **Characteristics of Successful and Unsuccessful CRC/ Cosumnes CSD Fire Department Interns**

Many students believe that by participating in an internship, the experience will automatically give them a job upon completing their experience. In life, there are no guarantees. Please review the list of successful and unsuccessful behaviors below. The "successful" intern behaviors and attitudes promote completion of the program and employment upon graduation. We highly suggest you follow these student success tips and avoid behaviors of "unsuccessful interns."

### **Successful Firefighter Interns**

Seeks and clarifies intern program information

Asks questions at the intern site in a respectful manner

Corrects and learns from mistakes

Comes to all FT 498 and Academy classes before time

Attends all FT 498 and Academy classes

Consistently submits FT 498 forms on time to Cosumnes Training Chief and CRC Professor

Displays a positive/mature attitude. Asks "What can I do next to assist the organization or team member?"

Realizes there is always more to learn

Genuinely cares about helping people

Willingly cleans the toilets

### **Unsuccessful Interns**

Ignores any confusion regarding program requirements

Does not ask questions, makes assumptions / mistakes

Makes mistakes without learning from them

Consistently late to classes and makes excuses

Misses classes; is dropped for poor attendance

Rarely submits FT 498 forms on time

Self-Centered; cares only about self and getting ahead

Thinks he/she knows it all

Helps people only so he/she can "look good."

Does not think he/she has to do this type of work

## Cosumnes River College Degree A. S.-Fire Technology

The fire service is one of the most dynamic employers in the country. This CRC program is designed to successfully provide the student with updated skills and knowledge necessary to apply and prepare for fire service positions. Students may earn an A.S. Degree in Fire Technology or a Certificate in Firefighter Training.

### Degree, A.S.—Fire Technology

CODE #1127

This curriculum is designed to serve both as an in-service program and as a pre-employment program for students seeking employment or advancement in the profession of urban firefighting and fire suppression.

<b>Required Program</b>		units
FT 300	Fire Protection Organization	3
FT 301	Fire Prevention Technology	3
FT 302	Fire Protection Equipment and Systems	3
FT 303	Building Construction for Fire Protection	3
FT 304	Fire Behavior and Combustion	3
FT 305	Firefighter Safety and Survival	3
FT 320	Hazardous Materials	3
EMT 115	Emergency Medical Technician (Didactic Intro) *	1.5
EMT 116	Emergency Medical Technician (Didactic Cont.)	5
EMT 117	Emergency Medical Technician (Practicum)	1.5
FT 498	Work Experience in Fire Technology *	.5-4

### A minimum of 9 units from the following:

FT 110	Fire Apparatus	3
FT 130	Fire Company Organization and	3
FT 170	Fire Investigation	3
FT 180	Rescue Practices	3
FT 190	Tactics and Strategy	3
FT210 & 211	Firefighter Academy for the Internship	13.25

**Totals Units Required** **39 - 42**

\*A current California EMT certificate or Paramedic license will be accepted as satisfactory completion of the EMT requirement.

\*The student must have .5 – 4 units of Work Experience in Fire Fighting or Emergency Medical Services to receive a degree.

The Fire Technology Certificate and General Education Graduation Requirements can be found in the CRC course catalog. Contact the Division Office for Health and Human Services for more information, (916) 691-7391.

## **Alternative Career Paths within the Fire Service**

### **Fire Prevention / Public Education Internship Opportunities**

Save lives through prevention and education. Firefighters save lives and property when they respond to emergencies already in progress. The Fire Prevention Bureau aims to prevent these emergencies before they occur.

Work Site: Cosumnes CSD Fire Administration, 10573 E. Stockton Blvd.

### **Minimum Qualifications for Acceptance Into the Fire Prevention/ Public Education Internship**

1. Possess a GED or a High School Diploma.
2. Have a valid California driver's license.
3. Be 18 years of age or older.
4. Have an overall college GPA of 2.5 or better.
5. Consent to a qualifying background check.
6. Be able to demonstrate prior work or leisure teamwork experience.
7. Be able to purchase selected fire clothing.
8. Register in FT 498 Work Experience class and pay an appropriate unit fee for every semester you participate in the internship.  
Enrollment is **required**.
9. **Public Education** Only (does not apply to Fire Prevention)  
Complete two semesters of course work (at least six units) in any of the following **Areas of Study**: Advertising/Public Relations, Communication Studies, Early Childhood Education, Education/Teaching, Emergency Medical Technology, Family & Consumer Science, Fire Technology Health, Education, Human/Career Development, Human Services, Humanities, Interdisciplinary Studies, Marketing, Social Science, Sociology, Spanish.
10. **Fire Prevention** Only (does not apply to public education)
  - a. Complete Fire Technology (FT) 300, Fire Protection Organization (3 Units), with a "C" or better, before applying for the Co-op Internship Program.
  - b. Complete Fire Technology (FT) 301, Fire Prevention Technology (3 Units), with a "C" or better, before applying for the Co-op Internship Program.

## **What You Will Be Doing as a Fire Prevention Intern**

1. Conducting plan review.
2. Conducting new construction inspections.
3. Conducting code enforcement inspections.
4. Fire Investigations.

Fire Prevention Interns will work alongside Fire Prevention Bureau staff, including the Fire Marshal, Fire Inspectors, Fire Investigators, and Plan Intake Staff. Fire Prevention Interns may work 8 + hours per week. Interns may set their schedule of hours to be completed any time Monday through Friday, 7:00 am to 5:00 pm.

## **What You Will Be Doing As a Public Education Intern**

1. Delivering fire safety presentations.
2. Staffing a fire department booth at health and safety fairs.
3. Planning and preparing for fire department public outreach events.
4. Creating written and electronic educational materials for public distribution.
5. Attending classes and workshops on safety education topics such as fire safety and injury prevention topics such as child passenger safety, water safety, and disaster preparedness.

**Public Education Interns will work with the Public Education Officer and Fire Prevention Bureau staff and Firefighters.**

**Public Education Interns may work up to 8 + hours per week.** Interns may set their schedule of hours to be completed any time Monday through Friday, 8:00 am – 5:00 pm. Flexibility is desired as the opportunity for hours to be completed on weekends will occur throughout the semester.

**Prior experience** that may contribute to your success as a Public Education Intern might include fire service experience, social services experience, working with children or older adults, teaching, planning and organizing events, and marketing or public relations.

**A public education intern's admirable qualities include** confidence speaking in front of a crowd, flexibility to adapt to working with different age groups and population segments, organizational skills in managing ongoing projects, and preparing for events. Willingness to participate in events that include adverse weather conditions and the requirement of light to moderate lifting and exposure to loud noises.

**Cosumnes River College  
Cooperative Work Experience Education & Internship  
and Cosumnes Fire Department**

**Telephone Numbers**

**Co-op Work Experience Education & Internships:**

Co-op Office	(916) 691-7372
Co-op Internship Developer	(916) 691-7343
Fire Technology Coordinator	(916) 691-7769
Division Dean, Health/Human Services	(916) 691-7390

Program website: <http://wexp.losrios.edu>

**Helpful CRC Telephone Numbers:**

Counseling	(916) 691-7316
Financial Aid	(916) 691-7325
Veteran's Assistance	(916) 691-7422
Admissions and Records	(916) 691-7411

**Cosumnes Community Services District Fire Department:**

Assistant Chief-Training Division	(916) 753-1951
Captain-Training Division	(916) 753-1952
Fire Marshal	(916) 405-7120
Public Education Officer	(916) 405-7114

**Cosumnes Community Services District Fire Department Training Center  
Site Location**

William Perry Schulze Fire Training Facility  
10573 East Stockton Blvd – Elk Grove CA, 95624

**Information websites:** [www.yourcsd.com](http://www.yourcsd.com) and <http://wexp.losrios.edu>



COOPERATIVE WORK EXPERIENCE  
(916) 691-7372

COSUMNES RIVER COLLEGE  
8401 CenterParkway,  
Sacramento, CA 95823



**COSUMNES**  
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