

SACRAMENTO COMMUNITY RESOURCES

**Please note that the organizations outlined below have been impacted due to COVID-19 and may be experiencing limited availability on their services. **

Hospitality Centers/Shelters

ORGANIZATION NAME	ADDRESS	NUMBER	WEBSITE	ADDITIONAL INFORMATION
Union Gospel Mission (Men Only)	400 Bannon Street Sacramento, CA 95811	916-447-3268	https://ugmsac.com/	Sign-Up is from 5:30pm-6:30pm and is 1 st Come 1 st Serve. Showers available Mon-Fri 9pm-11pm & Mon-Thurs 1pm-3pm.
Sacramento Loaves & Fishes (Maryhouse Daytime Shelter)	1321 North C Street Sacramento, CA 95811	916-446-4961	https://sacloaves.org/maryhouse	Specifically, for homeless women and children to aid transition out of experiencing homelessness.
Francis House Center	1422 C Street Sacramento, CA 95814	916-454-2120	https://www.nextmovesacramento.org/	You must register with the Sacramento County Department of Human Assistance: https://dhaservices.saccounty.net/efs . Direct services include clothing center, hygiene kits, etc.
St. John's Shelter for Women and Children	2443 Fair Oaks BLVD, #369 Sacramento, CA 95825	916-453-1482	https://saintjohnsprogram.org/	Each family enters a 12-18 months program, which leads to employment and self-sufficiency.
Friendship Park (Loaves and Fishes)	N. C. St. Sacramento, CA 95811	916-443-7378	https://sacloaves.org/	A private park providing activities, information, restroom facilities, etc.
Wind Youth Services	815 S St. Sacramento, CA 96811	916-504-3313	---	Daytime shelter for youth.
Midtown HART Respite Center	2620 Capitol Ave Sacramento, CA 95816	---	https://www.hartstogether.org/midtown	Email: MidtownHARTbeat@gmail.com . Open every Friday from 9am-12pm. This is a place to warm up, get coffee, and charge your phone.

Motel Vouchers

ORGANIZATION NAME	ADDRESS	NUMBER	WEBSITE	ADDITIONAL INFORMATION
The Department of Human Assistance	2450 Florin Rd, Sacramento, CA 95822	916-874-3100	https://ha.saccounty.net/	Families with children who need homeless assistance and qualify for CalWORKs may receive motel vouchers yearly.
The Salvation Army	2550 Alhambra Blvd Sacramento, CA 95817	916-678-4057	https://www.salvationarmyusa.org/usn/	Motel vouchers are available once a year; eligibility is based on need, place of residence, income and hardship of individuals or families. Must call ahead of time.
Traveler's Aid Emergency Assistance Agency	2251 Florin Rd, Sacramento, CA 95822	916-399-9646	---	Provides motel vouchers to homeless families with minor children in crisis and must have an income. Calls only.

Housing Resources

ORGANIZATION NAME	ADDRESS	NUMBER	WEBSITE	ADDITIONAL INFORMATION
Sacramento Housing Redevelopment Agency	630 I Street Sacramento, CA 95814	916-440-1390	https://www.shra.org/	To ensure the ongoing development of affordable housing and to continuously fuel community redevelopment projects in the city and county of Sacramento. Apply to waitlist: https://sacwaitlist.com/landing
Lutheran Social Services (LSS)	4390 47 th Ave Sacramento, CA 95824	916-453-2900	https://www.lssnorcal.org/	Assists homeless individuals within Sacramento County by offering various supportive housing programs.

Mental Health Services

ORGANIZATION NAME	ADDRESS	NUMBER	WEBSITE	ADDITIONAL INFORMATION
Sacramento County Mental Health Services	2150 Stockton Blvd. Sacramento, CA 95817	24HR: 916-875-1000 & Crisis: 916-732-3637	https://dhs.saccounty.net/	Staff support individuals with navigating mental health services, provide field-based assessments, and can refer to other community resources as needed.
NAMI Sacramento	3440 Viking Dr. Suite 125 Sacramento, CA 95827	916-364-1642 & Crisis: 916-732-3637	https://sacloaves.org/maryhouse	Support for individuals coping with mental illness and their families. Offering crisis help, support groups, NAMI educational courses, and an extensive list of resources.

Hot Meals

ORGANIZATION NAME	ADDRESS	NUMBER	WEBSITE	ADDITIONAL INFORMATION
Glory Bound Ministries	4527 Parker Ave. Sacramento, CA 95820	916-452-7078	---	Meals provided on Sunday at 10am-5pm & Friday at 6pm
Loaves and Fishes	1321 N. C. St Sacramento, CA 95811	916-446-0874	https://sacloaves.org	Meals provided Monday-Friday from 11:30am-1pm and Saturday and Sunday from 11am-12:30pm.
St. Ignatius Loyola Parish	3235 Arden Way Sacramento, CA 95825	916-482-9666 (ext.217)	---	Meals served 6pm-7pm on the last Wednesday of the month.
St. Philomenes	2428 Bell St. Sacramento, CA 95825	916-481-6757	---	Meal is served in school gym at 2320 El Camino Ave. on Tuesdays from 6pm-7pm
Williams Memorial Cogic	4495 ML King Jr. Blvd. Sacramento, CA 95820	916-455-9201	---	Food give-away every other Friday at 11am
St. Vincente de Paul	503 Giuseppe Court, Suite 8 Sacramento, CA 95678	916-781-3303	---	Meals available Monday-Friday from 9am-3pm

Additional Food Assistance

ORGANIZATION NAME	ADDRESS	NUMBER	WEBSITE	ADDITIONAL INFORMATION
River City Food Bank	1800 28th St. Sacramento, CA 95816	916-446-2627	https://rivercityfoodbank.org/	Tues-Thurs 11:30am-3pm, Fri 11:30am-3pm, Sat 10:30am-1pm. Offers modified emergency food distributions.
CalFresh Food	1616 Capitol Ave MSC 7204 Sacramento, CA 95814	916-874-3100	https://www.getcalfresh.org/	Government food assistance program where eligible students can get up to \$192/month for groceries.
Elk Grove Food Bank	9820 Dino Drive Elk Grove, CA 95624	916-685-8453	http://www.elkgrovefoodbank.org/	Open Mon-Fri from 10am-3pm and Sat from 9am-12pm